# **RESEARCH**

Collagen and Leather





# Therapeutic potential of gelatine methacrylate hydrogels loaded with macrophage-derived exosomes for accelerating angiogenesis and cutaneous wound healing

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## **Abstract**

Extensive studies demonstrate that macrophage response plays an important role in regulating angiogenesis via a paracrine way, which is crucial for skin wound repair. This study isolated and characterized nanosized exosomes from diferently polarized macrophages (MΦ), including M0 (naïve), M1 (pro-infammatory), and M2 (anti-infammatory) macrophages, and further assessed their impacts on angiogenesis and skin regeneration. Our results indicated that compared to M0 and M1 counterparts, M2 macrophage-derived exosomes (M2-Exos) exhibited a pronounced ability to promote angiogenic ability of of human umbilical vein endothelial cells (HUVECs) by enhancing expression of angiogenic genes and proteins, increasing cell migration, and improving tubulogenesis. Bioinformatics analyses suggested that the distinct angiogenic potentials of three MΦ-Exos might be attributed to the diferentially expressed angiogenesis-related miRNAs and their target genes such as Stat3, Smad 2, and Smad4. Moreover, these isolated MΦ-Exos were integrated with gelatine methacrylate (GelMA) hydrogels to achieve the sustained delivery at murine full-thickness cutaneous wound sites. In vivo results showed that Gel/M2-Exos signifcantly augmented angiogenesis, accelerated re-epithelialization, promoted collagen maturity, thereby promoting wound healing. In contrary, Gel/ M1-Exos showed the opposite efects. Our fndings provided compelling evidence that the polarization status of macrophages signifcantly afected angiogenesis and wound healing via the miRNA cargos of their derived exosomes. Moreover, this study opens a new avenue for developing nano-scale, cell-free exosome-based therapies in treating cutaneous wounds.

**Keywords** Exosomes, Angiogenesis, Wound healing, Macrophage polarization, Gelatine methacrylate

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## **1 Introduction**

As the largest organ of human body, the skin is often damaged by disease, burn, accidental trauma, surgical procedures, and so on  $[1, 2]$  $[1, 2]$  $[1, 2]$  $[1, 2]$  $[1, 2]$ . The delayed healing of cutaneous wounds compromise skin integrity, leading to infections and scars  $[3]$  $[3]$ . Therefore, it is urgent to shorten the wound healing time, and restore its structural integrity and function after skin injury in clinics.

Wound healing is a complex biological process involving hemostasis, infammation, proliferation (granulation), and remodeling [\[4](#page-20-3)]. Central to this process is angiogenesis, the formation of new blood vessels, which is essential for delivering oxygen and nutrients to the wound site, thereby facilitating tissue repair and regeneration [[5,](#page-20-4) [6](#page-20-5)]. The efficiency of angiogenesis significantly influences the duration and outcome of wound healing [[7\]](#page-20-6). It suggests that therapeutic strategies aimed at enhancing angiogenesis may be a feasible approach to prevent scar formation and promote skin repair.

Recent research has demonstrated the pivotal role of infammation, particularly the response of macrophages, in the regulation of angiogenesis [\[8](#page-20-7), [9\]](#page-20-8). Macrophages, as one of the dominant immune cells, exhibit remarkable plasticity. Macrophage in a resting state is often referred to as M0 phenotype, which can be polarize into distinct phenotypes under diferent stimuli, including two extremes as classically activated M1 phenotype, and alternatively activated M2 phenotype  $[10, 11]$  $[10, 11]$  $[10, 11]$ . The proinfammatory M1 macrophages induced by lipopolysaccharides (LPS) and interferon-γ (IFN-γ) often secrete infammatory cytokines such as interleukin (IL)-1β, inducible nitric oxide synthase (iNOS), tumor necrosis factor (TNF)- $\alpha$  to aggravate inflammation. The antiinfammatory M2 macrophages induced by IL-4 often highly express anti-infammatory mediators such as IL-10 and arginase-1 (ARG) to reduce infammation and promote tissue regeneration  $[12]$  $[12]$ . The balance between these phenotypes infuences the infammatory environment

and, consequently, the angiogenic process, making the modulation of macrophage activity a potential therapeutic target for improving wound healing[[13](#page-20-12)].

Exosomes (Exos), small membrane-bound vesicles, have emerged as key players in cell-to-cell communication, capable of infuencing recipient cell behaviors and tissue regeneration[\[14](#page-20-13), [15\]](#page-20-14). Derived from various cell types, including macrophages, exosomes transport proteins and genetic materials such as mRNAs, miRNAs, and other non-coding RNAs, potentially regulating angiogenesis during wound healing. However, the specifc efects of exosomes from diferently polarized macrophages (MФ-Exos) on angiogenesis and the underlying mechanisms remain to be fully elucidated<sup>[[16](#page-20-15)[–22](#page-20-16)]</sup>.

There is a big challenge in achieving sustained delivery of exosomes and maintaining their therapeutic activity at wound sites. Due to its 3D aqueous porous structure, good biocompatibility, and tunable mechanical properties, Gelatin methacryloyl (GelMA) hydrogel emerges as an potential carrier[\[23](#page-20-17)]. Recently, Isik et al. [\[24\]](#page-20-18)loaded GelMA hydrogels with human periodontal ligament stem cells-derived exosomes to promote the rat calvarial defect regeneration. Zhao et al.[\[25](#page-20-19)], combined GelMA hydrogel with human umbilical vein endothelial cells (HUVECs) -derived exosomes to repair full-thickness cutaneous wounds. These findings have demonstrate that GelMA hydrogel enables the encapsulation and controlled release of bioactive substances, including exosomes, to the wound site, offering a promising approach for enhancing skin regeneration.

This study aims to elucidate the angiogenic potential of exosomes derived from macrophages in diferent polarization states  $(M0, M1, M2)$  and to investigate the efficacy of their delivery using GelMA hydrogels in promoting cutaneous wound healing. By comparing the efects of these exosomes on endothelial cell function and wound repair, we seek to deepen our understanding of macrophage-mediated angiogenesis and open new avenues for cell-free, exosome-based therapeutic strategies in skin regeneration.

## **2 Materials and methods**

#### **2.1 Culture and polarization of macrophages**

RAW 264.7 macrophages were obtained from Procell (Wuhan, China), and cultured in Dulbecco's modifed Eagle's medium (DMEM, Servicebio, China) supplemented with 10% fetal bovine serum (FBS, Gibco, USA) and 1% penicillin–streptomycin (HyClone, USA) at 37 °C with 5% CO2 in a humidified incubator. The orginal macrophages were the resting unpolarized M0 phenotype (referred as M0). Then, the M0 macrophages were polarized to pro-infammatory M1 phenotype (referred as M1) by using 100 ng/mL lipopolysaccharide (LPS) and 20 ng/

mL interferon (INF)-γ and anti-infammatory M2 phenotype (referred as M2) by using 40ng/mL IL-4.

## **2.2 Identifcation of polarized macrophages** *2.2.1 Nitric oxide detection*

Nitric oxide (NO) levels were tested in the supernatants of macrophages with diferent polarization status on day 1 and 2 by using a Nitric oxide detection kit (Beyotime, S0021S, China).

#### <span id="page-2-1"></span>*2.2.2 Quantitative reverse transcription PCR (qRT‑PCR)*

The total RNAs of three types of macrophage were isolated by using the SteadyPure Universal RNA Extraction Kit (Accurate Biology, AG21017, China) on day 2. Complementary DNA (cDNA) was synthesized by using a PrimeScript RT reagent kit (Accurate Biology, AG11706, China), and qPCR procedure was performed with CFX96TM system (Bio-Rad, USA) to measure the expression of marker genes for M1 phenotype (i.e., *iNos, Tnf, Il1, Il6*) and M2 phenotype (i.e., *Cd206, Arg*) by using a SYBR Green PCR Master Mix kit (Accurate Biology, AG11701, China). G*apdh* was used as a housekeeper gene for the result normalization. The primer sequences are listed in Additional fle [1:](#page-19-0) Table S1.

## <span id="page-2-0"></span>*2.2.3 Immunofuorescence (IF) staining for macrophage phenotype markers*

On day 2, macrophages diferent polarization status were fxed in 4% paraformaldehyde (PFA, Biosharp, China) at room temperature (RT) for 5 min and washed with PBS three times. The cells were permeabilized with 0.1% Triton X-100 (BioFroxx, Germany) for 5 min at RT and then blocked with 5% bovine serum albumin (BSA) (Bio-Froxx, Germany) at 37 °C for 60 min. Then, the cells were stained with the primary antibodies for either iNOS (Cell Signaling, USA) or CD206 (Cell Signaling, USA) at 4 °C overnight, followed the incubation with fuorescence secondary antibody (Boster, China) at RT for 2 h. Finally, the nuclei were stained with DAPI (Beyotime, China) for 1 min. The images were captured by using the inverted fuorescent microscope (Leica, Germany) and analyzed with ImageJ software.

## **2.3 Isolation and characterization of macrophage‑derived exosomes (MΦ‑Exos)**

## *2.3.1 Exosome isolation*

After the macrophages were polarized under the stimulation of either LPS and INF-γ or IL-4 for 48 h, the media were replaced with DMEM (Servicebio, China) supplemented with 10% Exos-free FBS for another 48 h. Then, the MΦ-Exos of diferent groups were extracted by ultra-centrifugation. In brief, the supernatants of diferent groups were centrifuged at  $300 \times g$  at 4 °C for 5 min

and filtered through a 5  $\mu$ m filter to remove the cells. The supernatant was centrifuged at 2,000 $\times$ g at 4 °C for 20 min and fltered through a 1.2 μm flter to remove cell debris and large particles. After centrifuged at 12,000×g at 4 °C for 30 min, the resulting supernatant was transferred to higher-strength ultra-centrifuged tubes and ultra-centrifuged at 120,000×g at 4 °C for 90 min. All precipitates were resuspended with 10 mL of PBS and recentrifuged at 120,000×g at 4 °C for 90 min. After the supernatant was removed, the precipitates were dissolved in 50–200 μL of PBS, fltered through 0.22 μm flter, and immediately stored at − 80 °C for further study. The exosomes derived from macrophages of unpolarized M0 phenotype, M1 phenotype, and M2 phenotype were named as M0Φ-Exos, M1Φ-Exos, and M2Φ-Exos, respectivley. The concentrations of proteins in Exos were determined by BCA protein assay kit (Solarbio, China).

#### *2.3.2 Exosome characterization*

The morphology of MΦ-Exos was visualized by using transmission electron microscope (TEM). In brief, 20 μL of the fresh exosomes were loaded on carbon-coated copper electron microscopy grids for 2 min and then negatively labeled with the phosphotungstic acid solution for 5 min. The grids were washed three times with PBS to remove extra phosphotungstic acid solution and maintained under a semi-dry condition. Images were obtained by using a transmission electron microscope (TEM, JEM-2100Plus, Japan) and analyzed by using ImageJ software.

Surface marker expression and particle sizes of MΦ-Exos were characterized by using nanoflow. In brief, 1 μL of the PerCP/Cyanine5.5 anti-mouse CD9 antibody was diluted with 9 μL of PBS, and the PE anti-mouse CD63 antibody was diluted in the same way. 10 μL Exocontained solution was added with 1 μL diluted PerCP/ Cyanine5.5 anti-mouse CD9 antibody (biolegend, USA). Taking another 10 μL Exo-contained solution was added with 1 μL diluted PE anti-mouse CD63 antibody (biolegend, USA), and then incubated at 37° C in the dark for 30 min. Subsequently, the labeled MΦ-Exos were diluted to 100 times and analyzed by Flow NanoAnalyzer (Nanofcm U30, China).

#### **2.4 Cell culture and seeding**

Human umbilical vein endothelial cells (HUVECs) were obtained from the the Cell Bank of the Chinese Academy of Sciences (Shanghai, China). HUVECs were cultured in DMEM medium (Servicebio, China) supplemented with 10% FBS (Gibco, USA) and 1% penicillin/streptomycin (Gibco, USA) in the incubator with a humidifed atmosphere of 5%  $CO<sub>2</sub>$  at 37°C. After 80–90% confluence, HUVECs were harvested and seeded in the well-plates for further analyses. The culture media were changed every two days.

#### **2.5 Exosome labeling and uptake**

The purified MΦ-Exos were labeled with PKH67 (Bestbio, China). In brief, the dye solution was prepared by adding  $4 \mu L$  of PKH67 to 1 mL of diluent C. Then, exosomes were resuspended in the mixing dye solution for 5 min and then incubated in 1% BSA for 1 min to stop the staining. Labeled exosomes were ultra-centrifuged at 120,000×g for 70 min, washed with PBS, ultracentrifuged again, and resuspended in 50 μL of PBS. PKH67-labeled exosomes derived from diferent polarized macrophages were incubated with HUVECs  $(5 \times 10^3)$ cells/well) in 96-well plates at 37 °C. After 12 h, HUVECs were fixed with 4% PFA. The cytoskeleton was labeled with FITC-labeled phalloidin at room temperature for 45 min, and the nucleus was stained with 4′,6-diamidino-2-phenylindole (DAPI). The uptake of the labeled exosomes by HUVECs was determined by using the inverted fuorescent microscope (Leica, Germany).

#### **2.6 CCK‑8 assay**

A Cell Counting Kit-8 assay (CCK-8, Dojindo, Japan) was used to assess cell proliferation. In brief, HUVECs  $(5 \times 10^3)$ cells/well) were seeded onto 96-well plates, and cultured with 50 μg/mL M0-exos, M1-exos, and M2-exos at 37 °C, respectively. On day 3 and 7, the media were replaced with fresh DMEM media containing 10% CCK8, followed by incubation at 37  $°C$  for 2 h. The absorbance was measured at 450 nm using a microplate reader (Thermo Fisher, USA). The optical density values represented the proliferation of HUVECs.

#### **2.7 Scratch wound assay**

The scratch wound assay was performed to reflect the efect of MΦ-Exos on the cell migration. In brief, HUVECs  $(5 \times 10^4 \text{ cells/well})$  were seeded into 48-well plates until confluence. Then, the 1mL sterile micropipette tip was used to make a liner scratch wound across each well. After washed three times with PBS, each well was added fresh media containing 2% FBS and 50 μg/mL of diferent exosomes. Finally, the well-plates were incubated at 37 °C with 5%  $CO<sub>2</sub>$  and imaged by an inverted microscope at 0h, 12 h, and 24 h, respectively.

## **2.8 Angiogenic diferentiation of HUVECs**

HUVECs were co-cultured with diferent MΦ-Exos (50  $\mu$ g/mL) in 96-well plates at a density of  $5 \times 10^3$  cells/well and 48-well plates at the density of  $5 \times 10^4$  cells/well.

#### *2.8.1 IF staining for VEGF*

On day 3 and 7, HUVECs were fxed with 4% PFA. Following the similar immunofluorescence (IF) staining procedures mentioned in Sect. [2.2.3](#page-2-0), the expression of specifc angiogenic protein—VEGF was measured by using rabbit anti mouse VEGF primary antibody (Hua-Bio, China) and DyLight 594 Conjugated AffiniPure Goat Anti-rabbit IgG (H+L) (Boster, China).

## *2.8.2 qRT‑PCR for angiogenic gene expression*

On day 3 and 7 day, HUVECs were collected to analyze the expression of angiogenic genes (*i.e., Vegf*, *Ang*, *Acvrl1*, *Fgfr*, *Pbdg-d, and Tgf*β), following the similar procedures mentioned in Sect. [2.2.2.](#page-2-1) The primer sequences are listed in Additional fle [1:](#page-19-0) Table S1.

## *2.8.3 Tube formation assay*

The effects of MΦ-Exos on angiogenesis was also evaluated by the tube formation assay in vitro. Briefly, 50  $\mu$ L Matrigel (ABW, China) was added each well of 96-well plate and incubated at 37°C for 30 min. Then, HUVECs  $(4 \times 10^4 \text{ cells/well})$  were seeded on the Matrigel and treated with diferent MΦ-Exos (50 μg/mL). Tube formation was analyzed after 6h treatment by using an inverted microscope. Tubules were photographed in 3–5 random fields per well and measured by ImageJ software.

#### **2.9 miRNA analysis of MΦ‑Exos**

The loading levels of key miRNAs associated with angiogenesis in three MΦ-Exos were evaluated, including mmu-miR-125a-3p, mmu-miR-125b-5p, mmu-miR-146a-5p, mmu-miR-155-5p, mmu-miR-107-3p, mmu-miR-145a-5p, mmu-miR-150-5p, mmumiR-19a-3p, mmu-miR-210-3p, mmu-miR-23a-3p, mmu-miR-26a-5p, mmu-miR-17-5p, mmu-miR-27b-3p, mmu-miR-21a-5p, mmu-miR-214-3p. Briefy, the total RNA of three types of exosomes (20 μg each) was isolated by using Trizol reagent (Ambion, USA), followed by cDNA synthesis of miRNA by using a miRNA cDNA first-strand synthesis kit (Accurate Biology, China). The qPCR procedure utilized the CFX96TM system from Bio-Rad (USA), with a SYBR Green PCR Master Mix kit (Accurate Biology, China). The miRNA expression was normalized by U6 and calculated as a fold diference from the control group.

To investigate the roles of the above miRNAs with signifcant diferences, TargetScan, miRDB, and miRTar-Base databases integrated in miRWalk ([http://mirwalk.](http://mirwalk.umm.uni-heidelberg.de) [umm.uni-heidelberg.de\)](http://mirwalk.umm.uni-heidelberg.de) were used to predict their target genes, in which the number of predicted target genes were 1584, 2076 and 1031, respectively. As shown in Fig. 5b, 387 target genes were identifed by using Venny 2.1.0 for the intersection analysis of three databases. Then, Kyoto Encyclopedia of Genes and Genome (KEGG) and Gene ontology (GO) analyses of DEGs were performed by using the Database for Annotation Visualization and Integrated Discovery (DAVID) [[26\]](#page-20-20). A protein–protein interaction (PPI) network map was created by using the STRING database. The top 10 hub genes were also identifed through the Maximum Correlation Criteria of the cytoHubba plugin in Cytoscape v3.8.0.

## **2.10 Preparation and characterization of GelMA hydrogels loaded with MΦ‑Exos**

Following the similar procedure mentioned before[\[27](#page-20-21)], GelMA macromers were synthesized and thoroughly dissolved in PBS to achieve a concentration of 15 wt%. 30 μL of 10 mg/ml of photoinitiator lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP, Stem Easy, China) solution was added into every 1 mL of GelMA solution. Then, GelMA hydrogel was prepared by transferring 100 μL of the mixed solution into a customized polytetrafuoroethylene (PTFE) cylindrical mold (8 mm in diameter, 2 mm in height), and exposed to 405 nm ultraviolet light (EFL, China) for 1 min at a distance of 5 cm to initiate the gelation process. Moreover, exosome-loaded GelMA hydrogels were prepared by adding 50 μg of three pre-isolated MΦ-Exos into 100 μL of the mixed solution before gelation, named as Gel/M0-exos, Gel/M1-exos, and Gel/ M2-exos, respectively.

The rheological properties of GelMA hydrogel and MΦ-Exos-loaded GelMA hydrogels were measured by using the rheometer (Anton Paar, Austria). After freeze-dried, the cross-sectional surface of these hydrogels was visualized by using a feld emission scanning electron microscope (FE-SEM, JSE-5900LV, Japan). To detect the distribution of exosomes in GelMA, MΦ-Exos were labeled with DiL (Beyotime, China), and then observed by using a Confocal laser scanning microscope (CLSM, Carl zeiss, Germany). The release capability of MΦ-Exos-loaded GelMA hydrogels was assessed by identifying the exosomes released into the PBS solution via a BCA protein assay kit.

## **2.11 In vivo wound healing study**

The animal experiment was approved by Institutional Animal Care and Use Committee at Sichuan University (Chengdu, China), and the surgery was performed according to the Guide for the Care and Use of Laboratory Animals published by the National Academy of Sciences, China. BALB/c mice (20-25 g, 8-week-old) were anesthetized by intraperitoneal injection of 4% chloral hydrate (10 mL/kg), and full-thickness skin wounds of 8 mm in diameter were created on the center of their backs. Thirty-two mice were used and randomly divided into four groups, including (1) GelMA group, the wounds

were covered by pure GelMA; (2) Gel/M0-exos group, the wounds were covered by GelMA loaded with 50 μg M0-Exos; (3) Gel/M1-exos group, the wounds were covered by GelMA loaded with 50  $\mu$ g M1-Exos; (4) Gel/ M2-exos group, the wounds were covered by GelMA loaded with 50 μg M2-Exos. The wound areas were photographed on 0, 3, 5, 7, 10 and 14 days after surgery, and the wound areas were measured by using ImageJ software. On day 7 and 14 after surgery, four mice in each group were sacrificed for further analysis. The subcutaneous angiogenesis in the wound sites was also photographed.

## **2.12 Histological analysis and immunostaining**

On day 7 and 14, the samples were harvested, fxed with 4% PFA, dehydrated gradually by a series of graded ethanol solution, and embedded in paraffin. Then, the embedded specimens were cut vertically into serial sections with 5 μm thickness. For histological analysis, the sections were stained with hematoxylin and eosin (H&E) (Biosharp, China) and Masson's trichrome staining (Servicebio, China). Moreover, immumohistochemical (IHC) staining of type I and III collagen (Col I and Col III) was performed to evaluate the wound repair, following the similar procedure mentioned before  $[28]$  $[28]$ . The sections were incubated with primary antibodies against collagen I (1:1000, Servicebio, China) and Collagen III primary antibody (1:500, Servicebio, China) at 4 °C overnight, and treated with HRP conjugated goat anti-rabbit IgG (1:200, Servicebio, China) for 1h at room temperature. The stained slices were scanned under a digital panoramic scanning with advanced pathology image analysis system (Wisleap-WS-10, China).

Immunofuorescence (IF) staining of CD31 and α-SMA was used to evaluate angiogenesis in wound areas. Followed the similar procedure mentioned in Sect. [2.2.3](#page-2-0), rabbit anit-CD31 primary antibody (1:100, Servicebio, China) and mouse anti-α-SMA primary antibody (1:200, Servicebio, China), Cy3-labeled goat anti-rabbit IgG (1:300, Servicebio, China), and Alexa Fluor 488-labeled goat anti-mouse IgG (1:400, Servicebio, China) were used. The sections were imaged under a panoramic 250/ MIDI scanner (3DHISTech, Hungary) with CaseView2.0 software. Mean fuorescence intensity (MFI) was measured by using ImageJ software.

## **2.13 Statistical analysis**

All data were presented as mean±standard deviation (SD) from at least three samples. Statistical signifcance was assessed using Student's t-test for paired samples and one-way ANOVA for multiple group comparisons via GraphPad Prism 8.0 software. A p-value of less than 0.05 was considered statistically signifcant.

## **3 Results and discussion**

#### **3.1 Identifcation of polarized macrophages**

In this study, the naïve M0 macrophages (M0 group) were supposed to be polarized towards M1 phenotype (M1 group) under the stimulation of LPS and INF-γ, and M2 phenotype (M2 group) under the stimulation of IL-4. Here, the polarization status of M0, M1, M2 groups were further identifed.

When macrophages are subjected to corresponding stimuli, such as bacterial infection or LPS stimulation, they release sufficient nitric oxide (NO) to inhibit pathogen growth and replication. Thus, NO is an important pro-infammatory factor, which is highly expressed in the M1 polarized macrophages [\[29\]](#page-20-23). As shown in Fig. [1](#page-6-0)a, on day 1 and 2, M1 group indeed had a signifcantly higher NO level than M0 and M2 groups  $(p < 0.001)$ . Moreover, M1 macrophages often exhibit a strong infammatory response by producing pro-infammatory cytokines (e.g., TNF-α, IL-1β, IL-6, CCL2) and highly expressing iNOS. While, M2 macrophages often show anti-infammatory and tissue repair functions by releasing anti-infammatory cytokines (e.g., IL-10), and highly expressing ARG and specifc surface markers (e.g., CD206) [\[30](#page-20-24), [31](#page-20-25)]. Tus, these factors were used as specifc phenotypic markers to identify the macrophage polarization by using qRT-PCR and IF staining assays. As shown in Fig. [1b](#page-6-0), M0 group always exhibited the lowest expression of either M1 or M2 phenotypic marker genes. Compared to M1 one, M2 group signifcantly up-regulated the expression of M2 phenotypic marker genes (*Cd206* and *Arg*), but down-regulated the gene expression of M1 phenotypic marker (*iNos*) and infammatory cytokines (*Tnfα*, *Il1*, *Il6*)  $(p<0.001)$ . As shown in Fig. [1c](#page-6-0)–f, it was found that M1 group had the highest M1 marker (iNOS) expression but the lowest M2 marker (CD206) expression, while, M2 group had the highest CD206 expression and CD206/ iNOS ratio but the lowest iNOS expression. These results demonstrated that under the diferent stimuli, the naive M0 macrophages were successfully polarized into M1 and M2 phenotypes.

## **3.2 Characterization of isolated MΦ‑Exos**

After diferential ultra-centrifugation, MΦ-Exos derived from M0, M1, and M2 phenotypes were isolated, and named as M0-Exos, M1-Exos, and M2-Exos, respectively. Then, the purified MΦ-Exos were further identified by using TEM and Nanoflow cytometry. TEM images found that all isolated vesicles exhibited typical spherical shape with double layered membranes (Fig. [2](#page-7-0)a), and the comparable sizes as  $102.53 \pm 9.78$  nm,  $99.08 \pm 15.14$ nm, and  $98.94 \pm 12.13$  nm, respectivley (Fig. [2b](#page-7-0)). Moreo-ver, Nanoflow cytometric analysis (Fig. [2c](#page-7-0)) showed that



<span id="page-6-0"></span>**Fig. 1** Identifcation of polarized macrophages. **a** NO levels in M0, M1, and M2 macrophage on day 1 and 2 (n=3). **b** The gene expression of M1 markers (*iNos*), M2 markers (*Cd206* and *Arg*), and infammatory cytokines (*Tnfα*, *Il1*, and *Il6*) in M0, M1, and M2 macrophage on day 2 (n=3). **c** Immunofuorescence (IF) staining for M1 phenotypic marker (iNOS) and M2 phenotypic marker (CD206). Green: iNOS or CD206; blue: nuclei. The MFI of **d** CD206 and **e** iNOS on day 2, and **f** the ratio of CD206/iNOS (n=14). \* refers to p<0.05, \*\* refers to p<0.01, \*\*\* refers to p<0.001



<span id="page-7-0"></span>**Fig. 2** Characterization of isolated MΦ-Exos. **a** TEM images of the morphology of MΦ-Exos. **b** The average sizes of MΦ-Exos were measured based on TEM images (n=8). **c** The expression of exosomal markers (i.e., CD9 and CD63) and **d** average sizes of MΦ-Exos were characterized by Nanofow cytometric analysis  $(n=4)$ 

all isolated vesicles positively expressed the exosomal markers (CD9 and CD63), and had the comparable sizes as 98.34±8.51 nm, 96.37±24.22 nm and 95.17±5.96 nm, respectivley (Fig. [2](#page-7-0)d). It is well known that exosomes refer to a type of extracellular vesicles (EVs), which exhibit membrane-bound sphere or cup-shaped morphology with a size ranging from 30 to 200 nm and express exosomal surface markers  $[32]$  $[32]$  $[32]$ . Therefore, in according to the International Society for Extracellular Vesicles (ISEV) position paper, our results suggested that these isolated vesicles displayed the characteristic features of exosomes.

## **3.3 Efects of MΦ‑Exos on angiogenic diferentiation of HUVECs in vitro**

Images showed that after co-cultured for 12 h, the overlap of intensely perinuclear green fuorescence (PKH67-labeled MΦ-Exos) and the red fuorescence (cytoskeleton) was clearly seen, indicating that M0-Exos, M1-Exos, and M2-Exos could be successfully uptaken by HUVECs (Fig.  $3a$  $3a$ ). The endocytosis of MΦ-Exos was also semi-quantitatively evaluated, suggesting that the MFI of all groups was comparable (Fig. [3b](#page-8-0)).



<span id="page-8-0"></span>DAPI-labeled cell nuclei. **b** The mean fuorescence intensity (MFI) of M0-Exos, M1-Exos, and M2-Exos (n=6). **c** CCK-8 results of HUVECs treated with M0-Exos, M1-Exos, or M2-Exos on day 3 and 7 (n=6). The expression of angiogenesis-related genes in HUVECs treated by MΦ-Exos for **d** 3 Days and **e** 7 Days, including Vegf, Ang, Acvrl1, Fgfr, Pdgf-d, and Tgfβ was characterized by qRT-PCR (n = 3). \* refers to p < 0.05, \*\* refers to p < 0.01, \*\*\* refers to  $p < 0.001$ 

The effects of MΦ-Exos on the proliferation of HUVECs were assessed by CCK-8 assay. As shown in Fig. [3](#page-8-0)c, on day 3, compared with M0-Exos and M1-Exos, M2-Exos signifcantly promoted the proliferation of HUVECs ( $p < 0.001$ ). On day 7, M0-Exos group exhibited the highest proliferation rate, followed by M1-Exos group, whereas M2-Exos group demonstrated the lowest rate of proliferation. It was consistent with previous studies, suggesting that Exos derived from anti-infammatory M2 macrophages (M2-Exos) could promote the early cell proliferation [\[33](#page-20-27)].

To investigate the efects of MΦ-Exos on angiogenic diferentiation of HUVECs, qRT-PCR assay was performed to measure the angiogenesis-related genes, such as *Vegf*, *Ang*, *Acvrl1*, *Fgfr*, *Pdgf-d,* and *Tgfβ*. qRT-PCR results (Fig. [3](#page-8-0)d–e) showed the expression of *Vegf* and *Ang* genes showed the similar trends with the expression levels from high to low as M2-Exos≥M1-Exos≥M0-Exos (p < 0.05). For *Acvrl1* gene, its lowest expression was found in M1-Exos on day 3 (p < 0.001), while its highest expression was found in M2-Exos on day 7 (p < 0.001). For *Fgfr* gene, its lowest expression was always found in M0-Exos  $(p < 0.01)$ , and its highest expression was found in M1-Exos on day 7 (p < 0.05). For *Pdgf-d* and *Tgfβ* gene, its highest expression was always found in M2-Exos  $(p < 0.05)$ . Literature has demonstrated that these factors play a critical role in the angiogenesis process. For instance, vascular endothelial growth factor (VEGF) is also known as angiopoietin, which is of great importance to enhance the proliferation and migration of endothelial cells, thereby inducing the formation and growth of new blood vessels [[34](#page-20-28)]. Angiotensin (Ang) shows the ability to promote the survival, proliferation, and diferentiation of endothelial cells, and also recruit and activate adventitial cells such as smooth muscle cells and pericytes, thereby accelerating the formation of new blood vessels and maintaining vascular stability [[35\]](#page-20-29). Activin A receptor type II-like 1 (Acvrl1), also known as ALK1, is an endothelial-specifc receptor, which can bind to ligands like bone morphogenetic protein (BMP)-9/10 and Activin to activate downstream TGF-β signaling pathway, thereby regulating vascular development and stability, as well as endothelial cell function [[36](#page-20-30)]. Fibroblast growth factor receptor (FGFR) can activate downstream signaling pathways by binding to FGF to regulate endothelial cell proliferation, migration, and lumen formation, thereby supporting the formation and growth of new blood vessels [\[37](#page-20-31)]. Plateletderived growth factor (PDGF-D) is mainly associated with initiating the process of angiogenesis by promoting cell proliferation, migration, and survival, especially under pathological conditions  $[38]$  $[38]$  $[38]$ . Therefore,

qRT-PCR results indicated that M2-Exos exhibited signifcantly enhanced pro-angiogenic potential compared to M0-Exos and M1-Exos.

Moreover, the expression of angiogenic protein (VEGF) in MΦ-Exos-treated HUVECs was measured by IF on day 3 and 7. As shown in Fig. [4a](#page-9-0)–b, on day 3, M2-Exos group had the highest MFI of VEGF stain, followed by M1-Exos group, and M0-Exos group had the lowest MFI ( $p < 0.05$ ). On day 7, M2-Exos group had the highest MFI of VEGF stain  $(p < 0.001)$ , and the MFI in M0-Exos and M1-Exos were comparable ( $p > 0.05$ ). The effects of MΦ-Exos on the migration of HUVECs were also analyzed by the scratch wound assay. As shown in Fig. [4c](#page-9-0)–d, there was no signifcant diference in the migration rate of HUVECs treated with M0-Exos, M1-Exos, or M2-Exos for 12 h, while the migration rate of HUVECs treated with M0-Exos was signifcantly lower than that treated with M1-Exos and M2-Exos for 24 h. The tube forming assay was also performed to investigate the efect of MΦ-Exos on angiogenesis by measuring the number and length of the capillary-like structures in matrigel. As shown in Fig. [4e](#page-9-0)–f, compared with M0-Exos and M1-Exos, M2-Exos signifcantly promoted the vasculature development. Our fndings suggested that MΦ-Exos derived from diferentially polarized macrophages could impact the angiogenic diferentiation of HUVECs. M2-Exos exhibited the superior pro-angiogenic ability in vitro, as evidenced by the higher expression of angiogenic specifc genes and proteins, the faster cell migration, and the accelerated tube formation.

## **3.4 The diferentially expressed miRNAs (DEMs) in MΦ‑Exos**

Exosomes are crucial paracrine mediators derived from their parent cells, which play a pivotal role in intercellular communication by encapsulating and transporting a variety of biologically active molecules such as proteins, nucleic acids, and lipids [[14,](#page-20-13) [15](#page-20-14), [21,](#page-20-33) [39](#page-20-34), [40](#page-20-35)]. Among them, microRNAs (miRNAs), as small non-coding RNAs, are of particular signifcance due to their potent role in posttranscriptional regulation of gene expression through inhibiting the translation of target mRNA, thereby modulating a wide range of biological processes in the recipient cells [[41\]](#page-20-36). In this study, to investigate the underlying mechanism of the regulation of MΦ-Exos on angiogenic

(See fgure on next page.)

<span id="page-9-0"></span>**Fig. 4** The efects MΦ-Exos on angiogenic protein expression and migration of HUVECs. **a** The expression of VEGF in MΦ-Exos-treated HUVECs was characterized by immunofuorescence staining (IF). Red: VEGF; Blue: DAPI-labeled cell nuclei. **b** The MFI of VEGF staining (n=15). **c** Optical micrographs of HUVEC migration. **d** The migration rate of HUVECs treated with MΦ-Exos for 12 and 24h (n=10). **e** Optical micrographs of tube formation. **f** The quantitative data of tube formation includes the number of nodes, junctions, meshes, segments, master junctions, and master segments, as well as total length and branching length (n=10). \* refers to p<0.05, \*\* refers to p<0.01, \*\*\* refers to p<0.001



**Fig. 4** (See legend on previous page.)

diferentiation of HUVECs, the miRNAs associated with angiogenesis in MΦ-Exos cargos were analyzed by qRT-PCR assay. As shown in Fig. [5](#page-12-0)a, a distinct miRNA expression profle was observed among M0-Exos, M1-Exos, and M2-Exos. Notably, compared to M2-Exos, M1-Exos signifcantly up-regulated the expression of miRNAs that have been documented in the literature as inhibitors of angiogenesis, including miR-19a-3p [\[42](#page-20-37)], miR-23a-3p [[43\]](#page-20-38), miR-17-5p [[44\]](#page-20-39), miR-155-5p [[45\]](#page-20-40), miR-125b-5p [[46\]](#page-20-41), miR-125a-3p [\[47\]](#page-21-0), miR-26a-5p [\[48](#page-21-1)], miR-146a-5p [[49\]](#page-21-2), miR-210-3p [\[50](#page-21-3)], miR-145a-5p [[51\]](#page-21-4), miR-150-5p [[52\]](#page-21-5), miR-107-3p [\[53\]](#page-21-6) and miR-27b-3p [\[54](#page-21-7)], but downregulated the expression of miRNAs known to facilitate angiogenic processes, including miR-214-3p [\[55](#page-21-8)] and miR-21a-5p [[56\]](#page-21-9). As shown in Fig. [5](#page-12-0)b, intersection analysis of the three databases using Venny 2.1.0 identifed a total of 387 target genes.

KEGG and GO analyses were further used to identify the signifcantly enriched pathways and the correlative terms, which were infuenced by these 15 miRNAs in three MΦ-Exos. KEGG pathway analysis (Fig. [5c](#page-12-0)) showed that the target genes of these miRNAs were mainly involved in signaling pathways related to angiogenesis, including ErbB [\[57\]](#page-21-10), HIF-1 [[58](#page-21-11)], FoxO [[59\]](#page-21-12), Ras [\[60](#page-21-13)], JAK-STAT [\[61\]](#page-21-14), TGF-beta [[62\]](#page-21-15) signaling pathways. Moreover, Go analysis (Fig. [5](#page-12-0)d) demonstrated that the top ten biological process (BP) mainly participated in regulation of transcription from RNA polymerase II promoter, regulation of transcription, signal transduction, protein phosphorylation, cell differentiation, and so on. The top ten cellular component (CC) mainly afected cytosol, nucleus, cytoplasm, chromatin, Golgi apparatus, and so on. The top molecular function (MF) was identified as protein binding, ATP binding, metal ion binding, protein serine/threonine/tyrosine kinase activity, transcription factor activity, and so on.

Moreover, based on the results of PPI (Fig. [5](#page-12-0)e) and hub gene analyses (Fig. [5f](#page-12-0)), the top ten hub genes of diferentially expressed miRNAs (DEMs) consisted of *Stat3, Tp53, Bcl2, Smad4, Cdkn1a, Smad3, Smad2, Pik3ca, Foxo1*, and *Igf1r*. Among them, the expression of the main hub genes closely related to angiogenesis in HUVECs such as *Stat3*, *Smad2*, *Smad3*, and *Smad4* were further validated by qRT-PCR (Fig. [5](#page-12-0)g). It suggested that compared to M0-Exos and M2-Exos, the treatment of M1-Exos indeed signifcantly down-regulated the gene expression of *Stat3*, *Smad2*, and *Smad4* (p<0.05), but had little effect on *Smad3* expression (p > 0.05).

Our fndings demonstrated that the diferential angiogenic capabilities of exosomes derived from macrophages with varied polarization status might be attributed to the distinct miRNA profles in MΦ-Exo cargos. M1-Exos were enriched with miRNAs, which could attenuate the target gene expression and inhibit signaling pathways related to angiogenesis (e.g., JAK-STAT and TGF-beta), thereby down-regulating key angiogenic gene expression in HUVECs, and reducing their migration and tubulogenic activities. Conversely, M2-Exos exhibited the opposite efect to promote angiogenesis.

## **3.5 Characterization of MΦ‑Exos‑loaded GelMA hydrogels**

The colorless mixed solution with MΦ-Exos and GelMA solution rapidly underwent a sol-to-gel transition after exposure to UV light (Fig. [6a](#page-13-0)). GelMA hydrogels loaded with distinct MΦ-Exos derived from diferentially polarized macrophages were prepared for in vivo wound healing, named as Gel, Gel/M0-Exos, Gel/M1-Exos, and Gel/ M2-Exos, respectively. As shown in Fig. [6b](#page-13-0), the rheological analysis indicated that both the storage modulus (G') and loss modulus (G'') of the GelMA hydrogels displayed considerable stability as the angular frequency increased. In addition, the incorporation of exosomes into the GelMA hydrogels did not lead to signifcant alterations in the values of G' and G''. It was consistent with previous studies $[27]$  $[27]$ , suggesting that the exosome addition had little impact on the rheological properties of GelMA hydrogels. As shown in Fig. [6](#page-13-0)c, SEM images suggested that individual exosomes were dispersed in the GelMA hydrogels and the addition of exosomes did not change the macro-porous structure of GelMA hydrogels. Moreover, as shown in Fig. [6d](#page-13-0), CLSM images found that all of Dil-labeled MΦ-Exos were evenly distributed in GelMA hydrogels. Furthermore, all MΦ-Exos-loaded GelMA hydrogels exhibited a consistent and slow exo-some release up to 9 days (Fig. [6e](#page-13-0)), which aligned with the time of angiogenesis $[63]$  $[63]$ . These findings suggested that GelMA hydrogel can be used as a sustained-release drug delivery system for exosomes, ofering a therapeutic potential for blood circulation reconstruction.

#### **3.6 Efects of MΦ‑Exos on wound healing in vivo**

MΦ-Exos-loaded GelMA hydrogels were further used for the repair of full-thickness cutaneous wounds in mice (Fig. [6f](#page-13-0)), following the timeline of animal experiment as shown in Fig. [7a](#page-14-0). After surgery, the gross observation of wound closure in the backs of mice was recorded up to 14 days (Fig. [7b](#page-14-0)). At each time point, we also measured the wound area in each group (Fig. [7](#page-14-0)c). It was found that the wound sizes of all groups were remarkably reduced with times. Compared to the others, Gel/M2-Exos hydrogel had the faster healing rates during the whole experiment period, and fnally the almost complete closure were observed in Gel/M2-Exos group on day 14. However, Gel/M1-Exos notably slowed down the wound healing on day 7, 10 and 14. It suggested that Gel/M2-Exos group had the most efficient wound healing, followed by



<span id="page-12-0"></span>Venn diagram for screening overlapping target genes across three databases. **c** KEGG analysis of the predicted signaling pathway of target genes. **d** GO analysis of the top ten terms in each category. **e** PPI network of target genes. **f** The top ten hub genes calculated by cytoscape. **g** The expression of angiogenesis-related hub genes in HUVECs (n = 3). \* refers to p < 0.05, \*\* refers to p < 0.01, \*\*\* refers to p < 0.001

![](_page_13_Figure_2.jpeg)

<span id="page-13-0"></span>**Fig. 6** Characterization of MΦ-Exos-loaded GelMA hydrogels. **a** Optical photos show the sol–gel transition of GelMA hydrogel. **b** Rheological curves and **c** SEM images of GelMA hydrogels (Gel) and exosome-loaded GelMA hydrogels (i.e., Gel/M0-Exos, Gel/M1-Exos, Gel/M2-Exos). Yellow arrows: exosomes. **d** CLSM images showed the even distribution of Dil-labeled MΦ-Exos in GelMA hydrogels. **e** The release of exosomes from three MΦ-Exos-loaded GelMA hydrogels up to 12 days (n=3). **f** Schematic representation of animal experiment

Gel/M0-Exos group, while Gel/M1-Exos group had the least one.

HE staining was used to assess the wound healing of MΦ-Exos-loaded GelMa hydrogel. As shown in Fig. [8](#page-15-0)a, abundant granulation tissue was formed in the wound site on day 7, and a remarkable reduction in the wound length was seen on day 14. The length of wound area was calculated and shown in Fig. [8](#page-15-0)b–c,

![](_page_14_Figure_2.jpeg)

<span id="page-14-0"></span>**Fig. 7** Wound healing observation in animal experiments. **a** Timeline of animal experiments. **b** Photographs of the Gelma, Gel/M0-Exos, Gel/ M1-Exos, and Gel/M2-Exos treated wounds on day 0, 3, 5, 7, 10, and 14. **c** Quantitative analysis for the percentage of wound area (n=4). \*: p<0.05 versus Gelma, @: p<0.05 versus Gel/M0-Exos, #: p<0.05 versus Gel/M1-Exos

fnding that Gel/M2-Exos group had the shortest wound length, followed by Gel/M0-Exos, while Gel/ M1-Exos and Gel had the longest one on day 7 and 14. High magnifcation images of HE staining showed that compared to the other groups, complete epithelialization with abundant skin appendages such as hair follicles were only observed in Gel/M2-Exos group on day

![](_page_15_Figure_2.jpeg)

<span id="page-15-0"></span>**Fig. 8** Representative images of the wound sections stained with **a** Hematoxylin and Eosin (H&E) and quantitative analysis of wound length (n=4) on **b** day 7 and **c** day 14. M: materials; black arrows: location of wound defect. **d** Images of Masson's trichrome staining and **e** semi-quantitative analysis of collagen deposition on day 14 (n=8). **f** Images of immumohistochemical (IHC) staining and semi-quantitative analysis (n=8) for the expression of **g** COL-I and **h** COL-III on day 14. \* refers to p<0.05, \*\* refers to p<0.01, \*\*\* refers to p<0.001

14, indicating that almost complete skin repair might be achieved by Gel/M2-Exos treatment.

Collagen deposition and remodeling play an important role in wound healing process, as collagen is a major component of skin tissue to improve the tensile strength of skin [[64\]](#page-21-17). In this study, Masson's trichrome staining was used to evaluate the deposition of collagen in wound sites. It was found that Gel/M2-Exos group exhibited abundant and well-organized collagen fbers, followed by Gel/M0-Exos group, while Gel/M1-Exos and Gel groups showed fewer and loosely packed collagen fibers (Fig. [8d](#page-15-0)). The semi-quantitative analysis results suggested that the percentage of collagen deposition was from high to low as Gel/M2-Exos ≈ Gel/M0-Exos>Gel/M1-Exos ≈ Gel (Fig. [8e](#page-15-0)). Moreover, mature epithelial structure and skin appendages were clearly observed in Gel/M2-Exos group, which was in agreement with HE staining results.

The composition of newly-formed skin tissue was further analyzed by IHC staining (Fig. [8](#page-15-0)f). In the initial phase of wound healing, a rapid accumulation of Type III collagen (COL-III) at the injury site occurs, forming a provisional matrix, which not only stabilizes the wound, but also facilitates the infltration of cellular components essential for healing [[65\]](#page-21-18). During the remodeling phase, COL-III is gradually replaced by type I collagen (COL-I), which is predominant in dermal extracellular matrix (ECM) of mature skin for restoring structural integrity and mechanical strength of the skin [[66,](#page-21-19) [67\]](#page-21-20). Our results found that Gel/M2-Exos group had the highest expression of COL-I (Fig. [8](#page-15-0)g) and COL-III (Fig. [8](#page-15-0)h), followed by Gel/M0-Exos group, and Gel/M1-Exos and Gel groups had the lowest one.

These findings suggested that GelMA hydrogel loaded with MΦ2-derived Exos (Gel/M2-Exos) could promote the healing of full-thickness wounds, as evidenced by accelerated wound closure, complete epithelialization with hair follicles, and enhanced collagen deposition.

#### **3.7 Efects of MΦ‑Exos on angiogenesis in vivo**

Angiogenesis is a biological process responsible for the formation of new blood vessels, such as endothelial cell proliferation, migration, and tubular structure formation. Crucially, angiogenesis plays a pivotal role in determining the outcome of wound healing, as the newly formed vasculature facilitates the transport of oxygen and essential nutrients to the wound site  $[68]$  $[68]$ . In this study, the angiogenesis in wound sites was further observed by the gross observation, HE staining, and immunofuorescence (IF) staining. As shown in Fig. [9](#page-17-0)a, the representative photographs showed the angiogenesis state in wound bed. The number of newly-formed blood vessels nodes in wound beds on day 7 and day 14 was shown in Fig. [9](#page-17-0)b–c. It was found that Gel/M2-Exos group had the most intense capillary network in the center of wound site on day 7, followed by Gel/M0-Exos group, while Gel/M1-Exos and Gel groups had the least one. Up to day 14, the neovascularization had a dramatic decline in Gel/M0-Exos and Gel/M2-Exos groups, while Gel/M1-Exos group showed a slight increase in blood vessel density. Moreover, the expression of angiogenic genes was also analyzed by in vivo qRT-PCR assay (Fig. [9](#page-17-0)d–e). On day 7, Gel/ M1-Exos group dramatically down-regulated the expression of many angiogenic genes, including *Vegf*, *Ang*, *Acvrl1*, *Fgfr*, *Tgfβ*, and *Pdgf-d* (p<0.05). While, compared to Gel/M0-Exos and Gel/M1-Exo ones, Gel/M2-Exos group showed a signifcantly higher expression of *Vegf*, *Ang*, and *Acvrl1* genes (p < 0.05). On the contrary, on day 14, Gel/M1-Exos group up-regulated the expression of *Vegf*, *Ang*, *Acvrl1*, and *Pdgf-d* genes (p<0.001).

The results of HE staining showed on day 7, the MVD (microvessel density) in wound areas ranged from high to low as Gel/M2-Exos  $\approx$  Gel/M0-Exos > Gel/M1-Exos > Gel (Fig. [10a](#page-18-0), b). On day 14, the highest MVD was found in Gel/M1-Exos group, while the other groups were comparable (Fig. [10](#page-18-0)a, c). Moreover, immunofuorescence (IF) staining of CD31 and α-SMA was further employed to evaluate neovascularization formation and maturity. CD31, also known as platelet/endothelial cell adhesion molecule-1, is a cell surface glycoprotein that plays a crucial role in vascular endothelial cells, and thus CD31 is often used as a typical marker of blood vessel  $[69]$  $[69]$ . α-SMA, also known as alpha smooth muscle actin, is not only overexpressed in scar tissue but also serves as a marker for mature vascular smooth muscle cells. Its co-localization with CD31 is indicative of the maturation process within the vascular system $[69, 70]$  $[69, 70]$  $[69, 70]$  $[69, 70]$  $[69, 70]$ . The results of IF staining was basically consistent with HE staining (Additional file  $2$ : Fig. S3a–c). Compared to Gel/M1-Exos, Gel/M2-Exos and Gel/M0-Exos groups showed a significantly higher CD31 and  $α$ -SMA expression on day 7 (Additional fle [2](#page-19-1): Fig. S3a–b), but a lower CD31 and  $\alpha$ -SMA expression on day 14 (Additional file [2](#page-19-1): Fig. S3c–d). In immunofuorescence colocalization analysis, Pearson's coefficient can be used to characterize the spatial distribution similarity of two fuorescent markers, thus refecting their degree of co-localization in cells or tissues [\[71\]](#page-21-24). The results of Pearson's coefficient for colocalization of α-SMA and CD31 was shown in Fig.  $10e-f$  $10e-f$ ), Similarly, compared to Gel/M1-Exos, Gel/M2-Exos and Gel/M0-Exos groups showed a signifcantly higher Pearson's coefficient on day 7 (Fig.  $10e$ ), but a lower Pearson's coefficient on day  $14$  (Fig.  $10f$ ). Our results suggested that MΦ-Exos encapsulated into GelMa hydrogels might promote the early angiogenesis in wound bed, in particular the ones derived from M0 and M2 macrophages (M0-Exos and M2-Exos). Compared to M0-Exos and

![](_page_17_Figure_2.jpeg)

<span id="page-17-0"></span>**Fig. 9** The efects of MΦ-Exos-loaded GelMA hydrogels on in vivo angiogenesis. **a** Gross observation of newly-formed blood vessels in wound beds on day 7 and day14. The number of newly-formed blood vessels nodes in wound beds on **b** day 7 and **c** day 14 (n=4). The expression of angiogenesis-related genes in vivo on **d** day 3 and **e** day 7, including Vegf, Ang, Acvrl1, Fgfr, Pdgf-d and Tgfβ (n=3). \* refers to p<0.05 versus Gel, \*\* refers to p<0.01 versus Gel, \*\*\* refers to p<0.001 versus Gel. @ refers to p<0.05 versus Gel/M0-Exos, @@ refers to p<0.01 versus Gel/M0-Exos, @@@ refers to p<0.001 versus Gel/M0-Exos. # refers to p<0.05 versus Gel/M1-Exos, ## refers to p<0.01 versus Gel/M1-Exos, ### refers to p<0.001 versus Gel/M1-Exos

M2-Exos, M1-Exos might delay the angiogenesis process, as the expression of angiogenic genes (e.g., *Vegf*, *Ang*, *Acvrl1*, *Fgfr*, *Pdgf-d*, and *Tgfβ*) and proteins (e.g., CD31 and α-SMA) in M0-Exos and M2-Exos reached the peak on day 7, while their expression in M1-Exos peaked on day 14.

In summary, these fndings provided compelling evidence that GelMA hydrogels loaded with exosomes derived from macrophages in diferent polarization states (MФ-Exos) signifcantly infuenced angiogenesis, thereby impacting the wound healing process. Compared to M0-Exos and M1-Exos, M2-Exos notably enhanced HUVEC migration and tube formation, and M2Φ-Exos-loaded GelMA hydrogels dramatically accelerated angiogenesis in mouse full-thickness skin wound model, suggesting that M2-Exos exhibited a pronounced

![](_page_18_Figure_2.jpeg)

<span id="page-18-0"></span>**Fig. 10 a** Representative images of granulation tissue stained with Hematoxylin and Eosin (H&E), and quantitative analysis of MVD (microvessel density) on **b** day 7 and **c** day 14 (n=8). Red arrow: microvessel; green arrow: new hair follicles. **d** Immunofuorescence (IF) co-staining for CD31 and α-SMA in the granulation tissue. The Pearson's coefficient correlated with the co-localization of CD31 and α-SMA on day 7 **e** and day 14 **f** (n=8). \* refers to  $p < 0.05$ , \*\* refers to  $p < 0.01$ , \*\*\* refers to  $p < 0.001$ 

potential to enhance angiogenesis. It highlighted a delicate role of macrophage polarization in tissue repair and regeneration, and aligned with the growing consensus that M2 macrophages play a crucial role in promoting angiogenesis by enhancing HUVEC migration, tubule formation, and aortic ring germination [\[16,](#page-20-15) [17,](#page-20-42) [19](#page-20-43), [20](#page-20-44)]. It might be attributed to the diferential miRNA expression profles within distinct MΦ-Exos, which was investigated by qRT-PCR and bioinformatics analysis that identifed the key angiogenesis-associated miRNAs and their target genes, as well as related signaling pathways (e.g., JAK-STAT and TGF-β). Future research may further explore the underlying mechanism of the pro-angiogenic ability of M2Φ-Exos-loaded GelMA hydrogels, in particular focusing on the functions of diferentially expressed miR-NAs in M2-Exos via a variety of experimental approaches such as luciferase reporter assays, miRNA mimics/inhibitors, and RNA interference (RNAi).

## **4 Conclusion**

Our fndings highlight the potential of the exosomes derived from M2-polarized macrophages (M2-Exos) as nano-scaled, cell-free therapeutic agents with potent proangiogenic ability. Moreover, these fndings suggested that GelMA hydrogel holds promise as a sustainedrelease drug delivery system suitable for exosomes, and M2Φ-Exos-loaded GelMA hydrogels show multi-functional therapeutic potentials to promote wound healing by accelerating epithelial regeneration, angiogenesis, and collagen deposition.

#### **Abbreviations**

![](_page_19_Picture_393.jpeg)

![](_page_19_Picture_394.jpeg)

## **Supplementary Information**

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<span id="page-19-1"></span><span id="page-19-0"></span>**Additional fle 1.** Supplementary Table.

**Additional fle 2.** Supplementary Figures.

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#### **Author contributions**

JJL: Investigation, methodology, data curation, formal analysis, writing original draft; FYC: Data curation, formal analysis; LQT: Investigation, visualization; JJW: Formal analysis; KTL: Investigation, software; QWW: Investigation; BY: Manuscript revision; XNC: Conceptualization, formal analysis, funding acquisition, investigation, project administration, supervision, writing; XDZhu and XDZhang: Project administration, supervision. All authors read and approved the fnal manuscript.

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#### **Availability of data and materials**

All the data supporting the fndings of this study are included in this manuscript.

## **Declarations**

#### **Ethics approval and consent to participate**

The animal study was approved by the Ethical Committee of Sichuan University (KS2021698). All the animals were purchased from Chengdu dossy experimental animals co., LTD. The animal experiment guidance from the ethical committee and the guide for care and use of laboratory animals of Sichuan University were followed during the whole experiment course.

## **Consent for publication**

Not applicable.

#### **Competing interests**

The authors declare that they have no competing interests.

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